



European Sleep Research Society
Sleep Research and Sleep Medicine in Europe



ASSEMBLY of NATIONAL SLEEP SOCIETIES (ANSS)

Executive Committee: Chair Liborio Parrino, Erna Sif Arnardottir, Johan Verbraecken, Oana Claudia Deleanu and Barbara G. Strazisar, advisory members Michaela Gjerstad, Marta Gonçalves.

Annual Meeting of the ANSS in the European Sleep Research Society

May 4 - 5, 2018 - Parma, Italy

Hotel location: Palace Maria Luigia, Viale Mentana, 140

Friday, May 4, 2018

13:00 Lunch at the hotel

14:00 - 14:15: Welcome from the Local Authorities

14.15 - 14.20: Meeting opening remarks

Liborio Parrino

14.20 - 16:10 National Sleep Societies presentations

Chairs: Liborio Parrino and Erna Sif Arnardottir

Summary of ANSS country information: Erna Sif Arnardottir (15 min)

The single most important topic for each National Sleep Society: (3 min each)

Discussion (10 minutes)

16:10 - 16:30 Coffee

16:30 - 18:00 Sleep competency/subspecialty models

Chairs: Michaela Gjersted and Marta Gonçalves

Introduction – Michaela Gjersted (10 minutes)

Sleep medicine as subspecialty – Dirk Pevernagie (10 min)

The French model – subspecialty – Damien Léger (20 minutes)

The Romanian model – sleep competency Oana Claudia Deleanu (10 min)

Other countries who want to share their experience in 5 -10 minutes

Discussion (30 minutes)

20:00 Welcome dinner at Angiol D'Oro, V.lo Scutellari, 1 - Piazza Duomo
(walking distance from hotel)

www.esrs.eu

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Saturday, May 5, 2018

9:00 - 10.30 Pending opportunities

Chair: Michaela Gjerstad & Liborio Parrino

The role of GPs in sleep medicine in Italy – Chiara Gado (20 min)

Discussion for GP involvement (10 min)

Circadian Nobel Prize: insights on chronobiology (30 min): Roberto Manfredini (Italy)

European Daylight Saving changes – Barbara G. Stražišar (10 min)

Discussion - Pending ANSS circadian opportunities (20 min)

10:30 Coffee break

11:00 – 12.30 Big data – 4th industrial revolution

Chair: Johan Verbraecken & Barbara G. Stražišar

Deep learning computer expert - Jacky Mallett (20 min)

Sleep recording platform for Europe – Raffaele Ferri (20 min)

Iceland biobank Erna Sif Arnardottir (20 min)

Discussion (30 minutes)

12:30 Lunch

13.30 - 14.30 ESRS activities

Chair: Walter McNicholas and Oana Claudia Deleanu

Summary of ESRS activities and plans –Walter McNicholas (15 min)

Sleep Medicine Committee – Dirk Pervernagie (15 min)

Web Committee – Bogdan Voinescu (15 min)

Discussion (15 min)

14:30 - 15:00 ANSS proposals for ESRS Business meeting

Chair: Liborio Parrino and Oana Claudia Deleanu

Suggestions from the EC – Erna Sif Arnardottir (15 min)

Suggestions from other ANSS participants

15.00 Coffee

15.30 - 16:10 Meet the sponsors

Chairs: Johan Verbraecken & Marta Gonçalves

Philips Respironics

Bioprojet

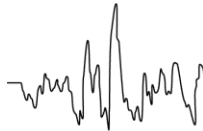
16:10 – 17:00 ANSS Business meeting *Industry and ESRS board cannot attend*

Chair: Liborio Parrino & Erna Sif Arnardottir

Finances of the ANSS - Oana Claudia Deleanu (10 min)

2019 Next ANSS meeting - presentations and vote (20 min)

Election for 3 new EC members (20 min)



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17:00 Closing

18:00 Guided tour Be ready at lobby for bus trip for tour and dinner.
Special guided tour at the famous and amusing Labirinto della Masone

20:00 Gala dinner at the prestigious “Spigaroli”
Awards for 3 best national presentations